

INTERNATIONAL SYMPOSIUM ON WINTER SPORTS MEDICINE



@saalbach2025



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INTERNATIONAL SYMPOSIUM ON WINTER SPORTS MEDICINE

ON THE OCCASION OF THE FIS ALPINE WORLD SKI CHAMPIONSHIPS 2025

Saalbach, February 10th, 2025

SCIENTIFIC ORGANISATION

Wolfgang Schobersberger
Jörg Spörri

PROGRAM

TIME	PROGRAM	SPEAKERS/CHAIRMAN
09:20 – 11:00	Session 1	Schneidinger A. Schobersberger W.
	IOC Concussion Guidelines and Winter Sports	Beer R.
	Risk management in alpine ski racing – every piece of the puzzle counts?	Spörri J.
	How to manage sleep disturbances and jet lag?	Hödlmoser K.
11:00 – 11:30	Coffee Break	
11:30 – 13:00	Session 2	Spörri J., Wicker A.
	Cardiovascular effects of doping substances	Adami PE.
	Cold, hypoxia and the athlete	Schobersberger W.
	Winter sports and the respiratory system	Bougault V.
13:00 – 14:00	Coffee Break and Exhibitions	

LOCATION

12er NORD - Team Captains Meeting
Glemmtaler Landesstraße 471, 5754 Hinterglemm

ORGANIZER

Austria Ski WM und Großveranstaltungsgesellschaft m.b.H Innsbruck
Institute for Sports Medicine, Alpine Medicine & Health Tourism (ISAG), University Hospital
Innsbruck/Private University UMIT Tirol Hall

CONDITION FOR PARTICIPATION

This symposium is for team physicians, team physiotherapists and all other physicians interested.
The entrance is free of charge.

SYMPOSIUM OFFICE

A written pre-registration is needed. Registration forms under: www.isag-sportmedizin.at/registration

SPEAKERS AND CHAIRMAN

Dr. Paolo Emilio Adami, Health & Science Department, World Athletics, Monaco, Monaco Principality
and Laboratoire Motricité Humaine Expertise Sport Sante, Université Cote d'Azur, Nice, France

Ass. Prof. PD Dr. Beer Ronny, University Hospital Innsbruck, Department for Neurology,
Innsbruck, Austria

Ass. Prof. Bougault Valérie, Côte d'Azur University, LAMHES: Laboratoire Motricité Humaine,
Expertise Sport Santé, France

Dr. Frey Walter, Chair FIS Medical Committee, Zurich, Switzerland

Prof. Hödlmoser Kerstin, University of Salzburg, Centre for Cognitive Neuroscience, Department of
Psychology, Laboratory for "Sleep, Cognition and Consciousness Research", Salzburg, Austria

Dr. Schneidinger Alexander, Deputy CMO FIS Alpine World Championships 2025, Medical
Department Ski Austria, Innsbruck

Prof. Dr. Schobersberger Wolfgang, Institute for Sports Medicine, Alpine Medicine & Health
Tourism, University Hospital Innsbruck and Private University UMIT Tirol, Hall, Austria

Prof. Dr. Spörri Jörg, University Centre for Prevention and Sports Medicine, Department of
Orthopaedics, Balgrist University Hospital, University of Zurich, Zurich, Switzerland

Prof. Mag. DDr. Wicker Anton, Deputy CMO FIS Alpine World Championships 2025, Bischofshofen,
Austria



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